

CURRICULUM VITAE

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PRAGATI SHUKLA (M.A. (English), NET, Ph.D.)

Professional Profile

Assistant Professor of English and Humanities at IET Lucknow with 8* years of service at IET (joined 23 August 2017). Academic interests include Professional Communication, Soft Skills, Personality Development, Film Studies, Gender Studies, Indian Knowledge Systems and holistic wellbeing. Alongside teaching and research, she has built a sustained record of student development, induction coordination, institution building, women empowerment, community engagement and student welfare.

Core Professional Strengths

- Academic Leadership, Curriculum Development & Professional Communication
- Student Mentoring, Induction, Cultural Development & Hostel Welfare
- Women Empowerment, Gender Sensitisation, Community Engagement & Research in IKS, Yoga, Psychology and Film Studies

Academic Leadership & Achievements

- **Assistant Professor (Humanities–English), IET Lucknow** — *23 August 2017–Present*
- **Co-Chair, Board of Studies, Humanities & Social Sciences, AKTU** — *Present*
Leading curriculum development and academic policy initiatives; designed syllabi for **Soft Skills** and **English Language Laboratory**, and introduced **Introduction to Women and Gender Studies** for B.Tech. programmes.
- **Member, Board of Studies, NIET, Greater Noida** — *Present*
- **Member, Board of Studies, Applied Sciences & Humanities, University of Lucknow** — *Present*
- **Member, Internal Complaints Committee (ICC), IET Lucknow** — *20 April 2021–Present*
- **Faculty Advisor (Cultural), Student Activity Council, IET Lucknow** — *Until February 2026*
Led and coordinated student cultural activities, events, and institutional programmes.
- **Associate Dean, Faculty of Applied Sciences, AKTU** — *Until 2022*
- **Convener, Sexual Harassment Grievance Portal, AKTU** — *Until 2022*
Coordinated and managed university-level sexual-harassment grievance matters.
- **Founding Member, Mahila Adhyayan Kendra, AKTU** — *Until 2022*
One of the three founding members involved in establishing the Centre.

- **Best Young Faculty of the University Award, AKTU** — *Academic Session 2017–18*

KEY CONTRIBUTIONS & INSTITUTIONAL INITIATIVES

- **Language Lab Establishment (2018):** Established IET Lucknow's first dedicated Language Lab within one year of joining; conceptualised and executed its academic and functional design as a flexible space for language learning, communication training, presentations, soft skills and student development.
- **Curriculum Innovation & IKS Integration:** Integrated Indian Knowledge Systems (IKS), Yoga and Yogic Practices, Emotional Intelligence, and selected concepts from the *Bhagavad Gita* into the First-Year B.Tech Professional Communication curriculum, linking communication competence with self-awareness, emotional regulation, ethics, mindfulness and professional well-being.
- **Induction Programme (2018–Present):** Serving as a key coordinating person since the programme's inception, contributing to planning, coordination and execution of cultural, creative and student-development activities, along with expert and motivational sessions.
- **Student Development & Institution Building:** Coordinated state-level and institute-level fests, facilitated interactions with experts, entrepreneurs and community leaders, and supported the establishment of student initiatives including **Mirage/Photography Club, Parmarth, and CCCQ Club.**
- **Student Leadership & Professional Engagement:** Promoted peer mentoring, student-led initiatives and professional events, including facilitating speakers and expert interactions for TEDx/student-led programmes, including the 2025 event.

Hostel Administration & Student Welfare

- **Gargi Girls' Hostel:** served as Warden during the first phase of residential leadership.
- **Maitri Hostel:** Founding Warden; worked with **Ms. Seeta Lakshmi** to start and establish the hostel.
- **Sarojini Girls' Hostel:** Independent Warden since **2022**; first-year girls' hostel.
- **Navika:** initiated the first-year hostel fest/freshers' programme to promote integration, confidence and community building.
- Residential responsibilities include student welfare, safety, discipline, grievance redressal, coordination and maintaining a positive hostel environment.

Women Empowerment, Gender, Community Engagement & Social Responsibility

- **Women Empowerment & Gender Initiatives:** Active contributor to **Mahila Adhyayan Kendra initiatives**; organised five university-level webinars on women's empowerment and supported gender-awareness and women-centric programmes including "**Pehchaan: Samvaad** – Empowered Women, Empower Women."
- **Women Leadership & Capacity Building:** Coordinated a capacity-building programme for 100+ women Gram Pradhans of Uttar Pradesh in collaboration with **Gram Panchayat**

and AKTU; the initiative received appreciation from the Hon'ble Governor of Uttar Pradesh.

- **Youth & Girl-Student Empowerment:** Organised an awareness and empowerment workshop for **100+ girl students of Bakshi Ka Talab** Inter College and contributed to **Kishori Vikas Varg** programmes focused on education, skills, confidence and holistic development of young women.
- **Women Entrepreneurship & Institutional Safety:** Contributed to Women Entrepreneurship Cell (**WEC**) programmes on entrepreneurship, confidence, personality development and professional growth, along with **ICC** awareness initiatives promoting prevention of sexual harassment and safe, respectful institutional environments.
- **Community & Civic Engagement:** Facilitated student interactions with grassroots leaders, community workers, social entrepreneurs and public representatives, connecting higher education with community leadership, social awareness, service and civic responsibility.
- **Social Outreach & Digital Storytelling:** Invited community-oriented personalities to campus platforms and contributed as a Video Content Creator for **Akhil Bharatiya video Pramukh Sewa Gatha**, using digital storytelling to highlight narratives of service and social contribution.
- **Community Development & Disaster Resilience:** Served as a Resource Person for Kishori Vikas Varg, Sewa Bharti Awadh Prant (2024 & 2026) and supported the Youth & Community-Based Disaster Risk Reduction (**CBDRR**) Workshop (2026) in collaboration with **Sewa Bharti Awadh Prant and NDFRF**

Research Papers Published (*Latest to Oldest*)

1. **“Fostering Mental Wellness via the Inclusion of Soft Skills in Learning and Development Programs: Strategies and Impact”**
International Journal for Research in Applied Science and Engineering Technology (IJRASET)
 ISSN: 2321-9653
 Vol. 13, Issue 9, pp. 291-296, September 2025
 DOI: 10.22214/ijraset.2025.74028
2. **“In the Name of God: Examining Ritual Abuse within Child Abuse in the Film *Maya* (2001)”**
Library Progress International
 Original Research Article
 Print ISSN: 0970-1052
 Online ISSN: 2320-317X
 Vol. 44, No. 5, pp. 39-45, July-December 2024
3. **Emotional Intelligence and the Bhagavad Gita: An Interdisciplinary Dialogue between Ancient Wisdom and Modern Psychology”**
Anusandhanvallari
 ISSN: 2229-3388
 Vol. 2024, No. 1, December 2024 (co-authored)

4. **“Reclaiming Individuality: Changing Shades of Womanhood in Contemporary Hindi Cinema: A Select Study of the Film *Thappad* (2020)”**
International Journal of English and Studies (IJOES)
 International Peer-Reviewed Journal
 ISSN: 2581–8333
 Vol. 5, Issue 6, June 2023
5. **“Representation of Child Abuse in Literature and Cinema”**
International Journal for Innovative Research in Multidisciplinary Field
 Peer-Reviewed, Refereed and Indexed Journal (IC Value: 86.87)
 ISSN: 2455–0620
 Vol. 7, Issue 8, August 2021
6. **“Representation of Street Children and Child Labour in Literature and Cinema”**
AD VALOREM: Journal of Law
 International Peer-Reviewed Refereed Quarterly Journal
 ISSN: 2348–5485
 Vol. 3, Issue IV, October–December 2016
7. **“Children with Special Needs: Representation of Child Disability in Literature and Cinema”**
Emerging Researcher: Research for All
 International Blind Peer-Reviewed Refereed Quarterly Journal
 ISSN: 2348–5590
 Vol. 3, Issue IV, October–December 2016
8. **“Film as Narrative Fiction”**
European Academic Research (EAR) E-Journal
 International Refereed Peer-Reviewed Journal
 ISSN: 2286–4822
 Vol. 1, Issue 9, December 2013
9. **“Issues in Gender Studies: Lesbian/Gay Criticism and Queer Studies”**
Research Scholar: An International Refereed Journal of Literary Explorations
 ISSN: 2320–6101
 Vol. 1, Issue IV, November 2013
10. **“Translating Literature into Visual Images: From Fiction to Film”**
The Criterion: An International Journal in English
 Bi-Monthly Refereed & Indexed Open Access Journal
 ISSN: 0976–8165
 Vol. 4, Issue III, June 2013

Conferences | FDPs | Workshops | Courses | Research Presentations (Latest to Oldest)

A. Faculty Development Programs (FDPs)

1. Participated in the **One-Week Online Faculty Development Programme on “Innovative Teaching and Research Practices,”** organized by the IQAC and Research Cell, RSET’s Deviprasad Goenka Management College of Media Studies, Mumbai, in collaboration with Govindram Seksaria Institute of Management and Research, Indore, **23–29 June 2026.**

2. Participated in the **Five-Day Online Faculty Development Programme on “Redefining Education: Technology, Research and Human Values,”** jointly organized by IQAC and the Department of English, Shri Krishnaswamy College for Women, Chennai; Lavender Literary Club, India; and Malaysian Industrial Relations and Human Resource Association (MIRHA), Malaysia, **15–19 June 2026.**
3. Successfully completed the **Faculty Development Programme on “Reimagining Pedagogy and Curriculum for Holistic & Multidisciplinary Education in the Light of NEP 2020,”** organized by Shri Vaishnav Vidyapeeth Vishwavidyalaya (SVVV), Indore, and the Association of Indian Universities (AIU), **06–10 January 2026.**
4. Participated in the **One-Week International Faculty Development Programme (Hybrid Mode) on “Navigating the Dynamics of Language and Literature through Research and Education,”** organized by the Department of English, Era University, and Karamat Husain Muslim Girls’ P.G. College, Lucknow, **24 February–01 March 2025.**
5. Attended the **Faculty Development Programme on “Advanced Research Methodology in Humanities & Social Sciences,”** organized by REVA University, **01–07 August 2022.**
6. Attended the **Faculty Development Programme on “Literature and Humanity,”** organized by REVA University, **28 May 2021.**
7. Attended the **ATAL Faculty Development Programme on “Social Enterprise Management,”** organized by Banaras Hindu University (BHU), **23–27 November 2020.**
8. Attended the **Faculty Development Programme on “Universal Human Values and Professional Ethics,”** organized by the Value Education Cell, Dr. A.P.J. Abdul Kalam Technical University (AKTU), **December 2017.**

Refresher / Orientation / Teacher Training Programmes

1. Successfully completed **Online Refresher Course** on “Holistic Empowerment for Stress Management: A Multidisciplinary Approach Integrating Literature, Arts, Social Sciences and Medicine”, under MM-TTP, UGC, organized by MM-TTC, Ramanujan College, Delhi, in collaboration with Atma Ram Sanatan Dharma College, University of Delhi (01–14 July 2025) – Grade A+.
2. Successfully completed **NEP 2020 Orientation & Sensitization** Programme under MM-TTP, UGC, organized by UGC-MM-TTC, University of Lucknow (17–25 March 2025).
3. Successfully completed **National Initiative for Technical Teachers Training (NITTT)** under AICTE, completing Modules 1–8 (February 2024).
4. Successfully completed **Faculty Orientation Program** on 21st Century Employability Skills Course, conducted by Wadhvani Foundation (15 May 2024).
5. Attended **Refresher Course** on “Cinema, Society and Education”, organized by University of Delhi (06–19 April 2021).
6. Attended **Four-Week Orientation Programme** for Faculty in Universities / Colleges / Institutes of Higher Education (10 November–09 December 2020)

Certificate Courses / Professional Certifications

1. Completed **Certificate Course on Indian Knowledge System**, organized by Centre for Indian Knowledge System, IQAC, Handique Girls’ College, Guwahati, 02–28 April 2025, securing Grade A.

Workshops

1. Participated in **7-Day National Workshop on Indian Knowledge System**, organized by Department of Sanskrit, Deshabandhu Mahavidyalaya, West Bengal, in collaboration with Kulti College and Swarnamoyee Jogendranath Mahavidyalaya, 16–22 April 2025 (Online Mode).

Research Paper Presentations (International / National Conferences & Seminars)

1. Presented a paper titled **“Enhancing Communication Skills through Yogic Practices: A Holistic Approach”** at the International Seminar (Hybrid Mode) on *“Yoga and Indian Knowledge Systems: Reclaiming Ancient Wisdom for Modern Life and Holistic Wellness,”* organized by the Department of Physical Education, All Saints’ College, Thiruvananthapuram, in collaboration with UGC–Malaviya Mission Teacher Training Centre (UGC-MMTTC), University of Kerala, **10–11 June 2026.**
2. Presented a paper titled **“Unveiling Gender Dynamics, Sexuality, Patriarchy, and Societal Expectations in *Dolly Kitty Aur Woh Chamakte Sitare* (2019)”** at the International Online Conference on *“Rethinking Humanities and Social Sciences: Literature, Language, Culture, Technology and Global Futures,”* organized by the English Language Teachers’ Association of India (ELTAI), Rohilkhand Chapter, and Society for Academic Facilitation & Extension (SAFE), held virtually on **23 May 2026.**
3. Presented a research paper titled **“Exploring Religion as Collective Neurosis: A Freudian Analysis of Digvijay Singh’s *Maya* (2001)”** at the International Online Seminar on *“Othering and Violence: Representation through Literature, Culture and Media,”* organized by IQAC, Panchla Mahavidyalaya and the Department of English, in collaboration with IQAC, Puras Kanpur Haridas Nandi Mahavidyalaya and the Department of English, **21–22 June 2025.**
4. Presented an oral paper titled **“Understanding Emotional Intelligence through Contemporary Indian Films: A Study of *Dear Zindagi* (2016), *Taare Zameen Par* (2007) and *Kapoor & Sons* (2016)”** at the 1st International Literature, Language and Educational Research Symposium (EDEA 2024): *Towards Interdisciplinarity*, organized by the EDEA 2024 Symposium Committee, Ankara, Türkiye, **20–22 September 2024.**
5. Presented a paper titled **“Enhancing Mental Health through the Integration of Soft Skills in Learning and Development Programs: Strategies and Impact”** at the 2-Day National Conference – *InnoSustain 2023: Pursuit for Sustainable Development Goals*, **22–23 September 2023.**
6. Presented a paper titled **“Every Child is Unique and has a Special Story: Select Study of Indian Films on CWSN”** at the National Seminar on *“Differently-Abled Person in India: Reality and Challenges,”* organized by BBAU, Lucknow, **10–11 March 2014.**
7. Presented a paper titled **“Child Social Inclusion or Exclusion: A Case Study of Indian Cinema”** at the International Seminar on *“Multiple Modernities and Social Inclusion,”* organized by Banaras Hindu University, Varanasi, **25–27 February 2014.**
8. Presented a paper titled **“Film as Cinematic Novel: A Case Study of Gandhi”** at the International Conference on *“Literature, Languages and Communication: An Essential Trident,”* organized by Amity University, Lucknow Campus, **09–10 December 2013.**

Educational Qualifications

- **Ph.D. in English**, University of Lucknow, Lucknow, **2017**.
- **UGC-NET in English**, qualified in **June 2012**.
- **M.A. in English**, First Division (60%), University of Lucknow, Lucknow, **2009**.
- **B.A. in Political Science and English Literature**, First Division (61.7%), Chhatrapati Shahu Ji Maharaj University (CSJMU), Kanpur, **2007**.
- **Intermediate**, First Division (72.4%), Uttar Pradesh Board, **2004**.
- **High School**, Second Division (58.33%), Uttar Pradesh Board, **2002**.

Additional Qualifications & Certifications

- **Prabhakar in Kathak**, First Division, Prayag Sangeet Samiti, Allahabad.
- **Prabhakar in Tabla**, First Division, Prayag Sangeet Samiti, Allahabad.
- **NCC 'C' Certificate**, Grade 'A'.
- **Certificate in Human Rights**, U.P. Rajarshi Tandon Open University, Allahabad.

Previous Academic Appointments & Teaching Experience

- **Contractual Faculty (English)**, Department of Human Rights, School of Legal Studies, Babasaheb Bhimrao Ambedkar University (BBAU), Lucknow, **November 2015**.
- **Guest Lecturer in English**, Rashtriya Sanskrit Sansthan, Jaipur Campus, **July 2015**.
- **Research Fellow with teaching responsibilities**, University of Lucknow, **July 2013–January 2015**; taught classes at the university level during the fellowship period.
- **Lecturer in English**, Northern India Engineering College (NIEC), BBD, Lucknow, **July 2011**.

Research Experience

- **Doctoral Fellow**, Indian Council of Social Science Research (ICSSR), New Delhi.
- **Doctoral Thesis**: "*Child Issues and Their Representation in Indian Cinema*."
- **Postgraduate Dissertation**: "*Film as Literature: A Case Study of Gandhi*" — a study of Richard Attenborough's film *Gandhi*.

Personal details

Date of Birth : September 2, 1987
 Mother's Name : Mrs. Manjula Shukla
 Father's Name : Late Mr. Babu Ram Shukla
 Hobbies : Dancing, Theatre Craft & Painting

Declaration:

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above-mentioned particulars.

Date:

Place: Lucknow

(Pragati Shukla)